

Al-Anon Phone Meetings Schedule
712-432-8733 - Access Codes next page

Sunday

6am Sunday Unity Daily Readers
8am Sunday Paths to Recovery Study Meeting
Noon Sunday On Our Path to Recovery
2pm Sunday Concept Twelve Revisited
4pm Sunday Grief As A Process
6pm Sunday Sharing our Experience, Strength and Hope Meeting
8pm Sunday Working the Steps and Traditions Using How Al-Anon Works Meeting
10pm Sunday The Forum Magazine Sharing Our Recovery

Monday

6am Monday Unity Daily Readers
9am Monday Today's Daily Readings
Noon Monday Topics for Recovery Meeting
4pm Monday Beginners Literature meeting
6pm Monday "Growing in Maturity" AFG
8pm Monday Night From Surviving to Thriving
10pm Monday Personal Growth in Step 4 - Blueprint for Progress
Midnight Monday Topic Recovery meeting

Tuesday

6am Tuesday Unity Daily Readers
9am Tuesday Step One Beginners Meeting
Noon AFG 12 & 12 Meeting
4pm Tuesday Taking Step Ten Meeting
6pm Tuesday Discovering Choices Meeting
8pm Tuesday Topic Discussion
Three Mediation Books
10pm Tuesday Choosing Self-Love

Wednesday

6am Wednesday Unity Daily Readers
9am Wednesday Step Two Beginners Meeting
Noon Wednesday Growing Up With Alcoholism (From Survival to Recovery)
4pm Wednesday Conscious Contact Eleventh Step Literature, Meditation and Discussion Mtg
6pm Embracing Intimacy Using Intimacy In Alcoholic Relationships Book
8pm Wednesday How AFG Works Beginners Mtg
10pm Wednesday Grief and Loss In the Journey Toward Recovery

Thursday

6am Thursday Unity Daily Readers
9am Thursday Living With Gratitude Meeting
Noon Thursday Serenity Spoken Here Meeting
4pm Thursday Working Our Slogans
Beginners Meeting
6pm Lois Remembers
8pm Thursday Night Recovery In The Legacies
10pm Thursday Personal Growth In Step 4 - Blueprint for Progress Book
Midnight Thursday AFG Midnight Daily Readers

Friday

6am Friday Unity Daily Readers
9am Friday Step Three Beginners Meeting
Noon Friday Speaker - Noon Topic Meeting
4pm Friday "Step Twelve in All Our Affairs" Meeting
6pm Friday Reaching for Personal Freedom
8pm Friday Night Al-Anon Personal Stories
10pm Friday Recovering in Al-Anon
In All Our Affairs: Making Crisis Work For You

Saturday

6am Saturday Unity Daily Readers
8am Saturday Three Legacy Speaker Meeting
10am Saturday Traditions Study Using Paths to Recovery
Noon Saturday Hope for Today Meeting
4pm Saturday Opening our Hearts
Transforming our Losses
6pm Saturday The Eleventh Step Study Meeting
8pm Saturday Sharing Our Experience, Strength and Hope Speaker Meeting
10pm Saturday Obedience to the Unenforceable Meeting

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ACCESS CODES

6am and 6pm Meetings - Unity6 (864896#)

2pm Meetings - Unity2 (864892#)

4pm Meetings - Unity4 (864894#)

8am and 8pm Meetings - Unity8 (864898#)

9am Meetings - Unity9 (864899#)

10am and 10pm Meetings - Unity10 (8648910#)

11am Meetings - Unity11 (8648911#)

12noon and 12 midnight Meetings - Unity12 (8648912#)